ATHLETICS

Victory is always sweet for a club when it wins its own home fixture, especially when the race is one of the top races of the winter season, but for Shettleston Harriers their victory in the Allan Scally Memorial Road Relay race at

Baillieston was doubly sweet. It was 12 years since their last win when they set the existing course record of 1.29.18 and only their fourth in the last quarter of a century. John Mackay, a member of the 1995 winning relay team and one of the race organisers on Saturday, said "We had a long wait since our last win and we are overloyed that our present day runners can relish the taste of a well earned victory". The host club won both the Senior and Veterans team prizes with one of the pre race favourites Cantral AC, winners of both the East District and National cross country relay titles, back in third with virtually a "B" team representing the club as their main international athletes were rested after a hard series of races. Paul Sorrie brought Shettleston into second place on the opening lap, just 2 seconds behind top junior Connor McNulty, and veteran Andy Little lifted them into the lead at half distance. Alan Adams took them into a lead of 67 seconds at the final changeover and hill running international Jethro Lennox ran a relaxed final lap to ensure a winning margin of 72 seconds. Lothian and

Ireland internations Mercie Caune

Borders policeman and Northern

celebrated his 40th birthday in style by outrunning Central's Lewis Miller over the final mile to take second position for Hunters Bog Trotters, 4 times winners in the past 8 years, and being the fastest veteran runner of the day.

Strathclyde University, with three junior internationals in their team, finished fourth overall and won the Scottish University relay title, with Glasgow winning both the Open and University womens races with a strong trio of runners. MALlan Scally Memorial 4x5 mile road relay,

Baillieston

Men. 1 Shettleston 1.36.38 (P Sorrie 23,42, A Little: 24:34, A Adams 23:53, J Lennox 24:29), 2 Hunters Bog Trotters 1,37,50 M Strain 24,35, D Naylor 24.33, R Ward 24.33, S Cairns 24.09), 3 Central 1.37.59 [S MacDonald 24.06, G Noble 24.10, K Cowie 25.00, L Millar 24:431, 4 Strathclyde Univ 1.39.22, 5 Edinburgh Univ 1:40.48, 6 Glasgow Univ 1.42.28 Fastest Laos C McNulty (Strathclyde Univ) 23.40,

P Sorrie 23.42, D Phee (Strathclyde Univ) 23.47. A Adams 23.53, S MacDonald 24.06, D Selman (Edinburgh Univ) 24.07. Veterans 1 Shettleston 1.49.45 (J Duffy 28.23, D Williams 26.25, W Covle 26.15, M Patterson 28.42), 2 Calderglen 1.55.32, 3 Clydesdale 1.57.17. Fastest laps S Cairns (HBT) 24.09, A Little 24.34. J Brown [RH Cambusland] 25.13

Women (3x5 miles relay) 1 Glasgow Univ 1.25.43, 2 Bellahouston Roadrunners 1.28.02 (H Stuart 29.11. E Birnie 29.48, I Robertson 29.03), 3 Strathclyde Univ 1.32.46 (D Brown 29.42, K Haxby 32.58, F Gentles 30.06), 4 Aberdeen Univ 1.34.04, 5 Edinburgh Univ 1.34.29, 6 Glasgow Univ B 1:36.27

Fastest laps L McNeill 27.13, I Robertson 29.03, H Stuart 29.11, A Crain 29.15, S McIntosh 29.15, F Thompson (Aberdeen Univ) 29.16 Su ara der 10km road race. Men 10 Tu

(N Ireland) 30,41, 2 D Millar (Invine) 31,44, 3 R Turkington (U/A) 33.00 Veteran J Dale (U/A)